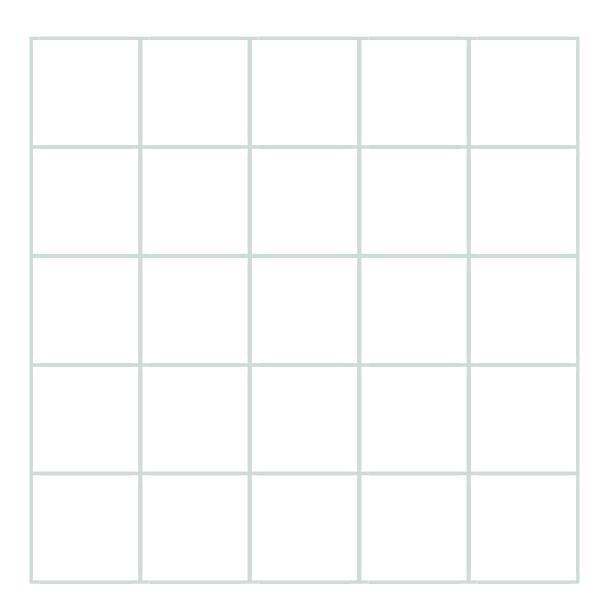
## Slow Tech Challenge



For 25 days in March, I will not give my attention to

so that I can give more of my attention to